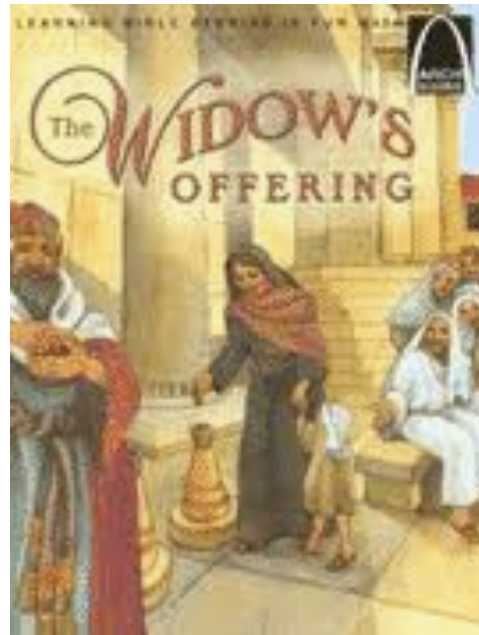


Commands 12-15



Commands of Christ

(From **swapmeetdave.com**)

Bible Verse Chants

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Command 12: Be perfect

From Matthew 5:47

⁴⁷And if you **greet only** your **own people**, / **what** are you **doing more** than **others**? / **Do not even pagans do** that? / **Be perfect**, therefore, / as your **heavenly Father** is **perfect**.

What this Command says to us

- We cannot reach God's level of perfection.
- Only God is perfect.
- In English, perfect means completed or mature.
- For humans, it means to fulfill the intended meaning, lacking nothing necessary.
- Perhaps Jesus is setting a goal so high that mankind will become humble.
- Some say if we believe in Jesus, and rely on him, we are perfect.
- Others say that being good and being kind and helpful is on the road to perfection.
- Try hard to do your best in all you do.

Related Words

<i>Adjective</i>	<i>Noun</i>	<i>Verb</i>	<i>Adverb</i>
PERfect	Perfection	To perFECT	Perfectly
	Heaven		Heavenly

Word Thermometer.

	<p style="text-align: center;"><i>Perfect</i></p> <p><i>Ideal</i></p> <p><i>Faultless</i></p> <p><i>Unequaled</i></p> <p><i>Flawless</i></p> <p><i>Second to none</i></p> <p><i>Too good to be true</i></p>	<p style="text-align: center;"><i>Reality</i></p> <p><i>Fact</i></p> <p><i>Real life</i></p> <p><i>Authentic</i></p> <p><i>Faithful</i></p> <p><i>Actually</i></p> <p><i>In point of fact</i></p> <p><i>As a matter of fact</i></p>
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1. Do you want to be a perfect spouse? That might mean being too good to be true. *My spouse is matchless, incomparable, a model spouse.*
2. I need the perfect used car. *One that is flawless, as good as new, immaculate, excellent, unblemished, spotless, or in tip-top condition.*
3. This is a perfect copy. It is exact, faithful to the original, correct, on the money. *My 2007 red Honda is right on the money.*
4. I want to get the perfect Christmas present for mom. *It will be appropriate, fitting, and very suitable for her.*
5. My perfect doctor is thorough, downright good, totally qualified and experienced.

Formal English

Fast Casual English

We cannot reach God's level of perfection.	We can't reach God's level of perfection.
We will not reach God's level of perfection.	We won't reach God's level of perfection.
We could not reach God's level of perfection.	We couldn't reach God's level of perfection.
We will not be able to reach God's level of perfection.	We won't be ^y able to reach God's level of perfection
We should try to reach God's level of perfection in each task we do. We shud try to reach God's level of perfection in each task we do.	

Matthew 5:12 Chant

Be perfect , therefore, as your heavenly Father is perfect .	In daily life, how can I try to be perfect?
Simply completely do each job well.	I'm busy. Come on!
Think of a task. If you mow the lawn, sweep up the grass clippings, and put all items back where they belong.	That takes too much time, and nobody cares anyway.
God cares. He made all things perfectly. We just need to tend to them. We can develop the habit.	Every task? Well, I can try to pick up after myself. If I get it out, I'll put it back.
Be perfect , therefore, as your heavenly Father is perfect .	

Command 13: Giving, Praying, Fasting

From Matthew 6:1-18

Practice Secret Disciplines, Part A: Giving to the Needy

6 “Be careful not to practice / your righteousness / in front of others / to be seen by them. / If you do, / you will have no reward / from your Father in heaven.

²“So / when you give to the needy, / do not announce it with trumpets, / as the hypocrites do in the synagogues / and on the streets, / to be honored by others. / Truly I tell you, / they have received their reward in full. / ³But when you give to the needy, / do not let your left hand / know what your right hand is doing, / ⁴so that your giving / may be in secret. / Then your Father, / who sees what is done in secret, / will reward you.

What this Command says to us

(www.christianity.com)

- It warns us about outward show and hypocrisy in religious duties.
- This is a tempting and **subtle** sin. All want to be praised and noticed.
- God rewards those who give and help.
- It tells us it is our duty as a Christian to help others.
- Religious duties are important to God and to each of us.
- Don't brag about doing something good.
- Give from an inward principle.
- Build a core of integrity, not of hypocrisy.

Related Words

<i>Adjective</i>	<i>Noun</i>	<i>Verb</i>	<i>Adverb</i>
Hypocritically	Hypocrite		Hypocritically
<i>Adjective</i> forms only for Subtle			
Subtler	Subtlest	Subtleties	Subtlety

Vocabulary

1. Hypocritical: Behaving like you **have** higher standards, but you don't **live** them. *He says he hates bullying, but he is the biggest bully around.*

2. Subtle: Understated. *A subtle mind is often clever, cunning and devious.*

A subtle distinction between light tan and light brown.

Subtle colors can be understated, muted, subdued or delicate.

Formal English	Fast Casual English
Hypocrisy is a subtle sin.	Hypocrisy's a subtle sin. Hypocrisy
Hypocrisy will be a subtle sin. Hypocrisy will have been a subtle sin.	Hypocrisy /ul be/ a subtle sin.
Hypocrisy might have been a subtle sin.	Hypocrisy /'ul'uvbin/ a subtle sin
	Hypocrisy /mite 'uvbin/ a subtle sin.

Matthew 5:12 Chant

<i>Group One</i>	<i>Group Two</i>
<p>“When you do something for someone else, / don’t call attention to yourself. /</p>	<p>You’ve seen them in action, I’m sure—/ ‘play-actors’ I call them—/ treating prayer meeting / and street corner alike / as a stage, / acting compassionate / as long as someone is watching, / playing to the crowds. /</p>
<p>They get applause, / true, / but that’s all they get. /</p>	<p>When you help someone out, / don’t think about how it looks.</p>
<p>Just do it—quietly and unobtrusively.</p>	<p>That is the way your God, who conceived you in love, working behind the scenes, helps you out.”</p>
<i>Everybody</i>	
This is a tempting and subtle sin.	

Practice Secret Disciplines, Part B: Prayer

(Matthew 6:1, 5-8)

6¹ “Be careful not to practice / your righteousness / in front of others / to be seen by them. / If you do, / you will have no reward / from your Father in heaven. ...

6⁵ “And / when you pray, / do not be like the hypocrites, / for they love to pray / standing in the synagogues / and on the street corners / to be seen by others. / Truly I tell you, / they have received / their reward / in full. / **6⁶** But / when you pray, / go into your room, / close the door / and pray to your Father, / who is unseen. / Then / your Father, / who sees / what is done in secret, / will reward you. / **7** And when you pray, / do not keep on babbling like pagans, / for they think / they will be heard / because of their many words. / **8** Do not be like them, / for your Father knows / what you need before you ask him.

Command 13 Prayer

(Matthew 5:9-15)

<p><u>9</u> Pray then like this:</p> <p>“Our Father in heaven, hallowed be your name.</p> <p>10 Your kingdom come, your will be done, on earth as it is in heaven.</p>	<p>11 Give us this day our daily bread, 12 and forgive us our debts, as we also have forgiven our debtors.</p> <p>13 And lead us not into temptation, but deliver us from evil.</p>
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¹⁴For / if you **forgive others** their **trespasses**, / your **heavenly Father** will **also forgive** you, / ¹⁵but / if you **do not forgive others** their **trespasses**, / neither will your **Father** / **forgive** your **trespasses**. / ¹⁴For if you **forgive** other **people** / when they **sin** against you, / your **heavenly Father** will **also forgive** you. / ¹⁵But if you **do not forgive others** their **sins**, / your **Father** will **not forgive** your **sins**. **NIV**

What this Command says to us

- The Scribes and Pharisees were guilty of two great faults in prayer: vain-glory and vain repetitions.
- Prayer is a matter of you and God.
- It is not a matter of praise and attention from humans.
- Our reward from God is Grace. God will intercede for us.
- God answers prayer, not always what WE want, but what God knows is best for us.
- Learn from Christ how to pray.
- It takes for granted that all who believe actually pray.
- There are seven petitions; three talking to God; and four about our human needs and requests.

www.christianity.com.

This version of the Lord's Prayer is the publicly spoken prayer used today in churches and in public places. Most people have it memorized, even if they stumble on some of the words. When it is said, "Let us all now pray the Lord's Prayer, it sounds like this:

'Our Father who art in heaven,
hallowed be thy name,
¹⁰Thy kingdom come,
thy will be done,
on earth as it is in heaven.
¹¹And forgive us our debts,
as we forgive our debtors.
¹³And lead us not into temptation,
but deliver us from evil.
for thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen

Vocabulary

1. Thy. 16th century English. Singular for your.
2. Art: Are. 16th century English
3. Thine: Plural for your. 16th century English
4. Hallowed: Holy. Sacred. Blessed.
5. Babble, babbling: Chatter. Ramble on. Jabber. Twitter.
6. Debt, debtors: Something owed or due. A bill to be paid.

Practice Secret Disciplines, Part C: Fasting

(Matthew 6:1; 5:16-18)

6¹ “Be careful not to practice / your righteousness / in front of others / to be seen by them. / If you do, / you will have no reward / from your Father in heaven.

...

5¹⁶ “When you fast, / do not look somber / as the hypocrites do, / for they disfigure their faces / to show others they are fasting. / Truly / I tell you, / they have received their reward in full. / ¹⁷But / when you fast, / put oil on your head / and wash your face, / ¹⁸so that it will not be obvious to others / that you are fasting, / but only to your Father, / who is unseen; / and your Father, / who sees / what is done in secret, / will reward you.

What this Command says to us

- Publically religious fast days were not what Jesus was talking about.
- Private fast days were often on Monday and Thursday.
- Many put on public severe faces so all would know.
- Blackened and unwashed faces were supposed to gain merit.
- Be clean and fast quietly. It is between you and God.
- Clean up, be neat and blend in with your neighbors and friends.
- God knows when your religious practices are sincere or attention grabbing.

Matthew 6:1 Group Work

Use various tones of voice. Show questioning, hesitation, disbelief, and agreement.
Use some body language.

<p><u>Group 1</u> What are secret disciplines?</p>	<p><u>Group 2</u> Well, disciplines, here, means good behavior, obedience, and self-control.</p>
<p>Oooo Kay... ? Doesn't make sense to me.</p>	<p>God want us to have fellowship with him. So, prayer, giving to others, and fasting are disciplines that help with that.</p>
<p>Are there other disciplines?</p>	<p>Sure! Regular or daily Bible study on a personal level is another one.</p>
<p>Really? Wow! That takes a lot of time.</p>	<p>Just find a time and use it regularly to read a small portion of your Bible. Then pray and make yourself quiet.</p>
<p>I'm not sure I can discipline myself to do that.</p>	<p>It might take time, but just trying to pray and study regularly helps.</p>
<p><i>Everybody:</i></p> <p>6 “Be careful not to practice / your righteousness / in front of others / to be seen by them. / If you do, / you will have no reward / from your Father in heaven. *****</p>	

Command 14: Lay up treasures in heaven

(Matthew 6:19-21)

19“Do not store up for yourselves / treasures on earth, / where moths and vermin destroy, / and where thieves break in and steal. / **20** But store up for yourselves / treasures in heaven, / where moths and vermin do not destroy, / and where thieves do not break in / and steal. / **21** For where your treasure is, / there your heart will be also.

What this Command says to us

- Money is not the problem; our love for it is.
- Be responsible, but not living only for money and security.
- Treasure is the key word.
- What is the most valuable: stuff here, or knowing that there is true treasure in heaven?
- Do not worship money; worship God.
- All humans die. There is no earthly treasure we can take to heaven.
- Most things are bought with money. It is just money, not the heart of the person.
- Love, kindness, generosity, fellowship, giving, helping are all a part of the treasure of our lives, not just money.

Vocabulary

1. Moths and vermin. Insects that eat wool, clothing and paper. Pests that destroy food crops.
2. Heart: An organ that controls the flow of the blood in the body.
The heart is what we call emotions of love, sympathy, hurt, kindness, joy, etc.

Two and Three Word Verbs

1. To store up: To save or collect something for use later. Often it is for a large amount of something.
2. To break in: Forced entry into a building, car or another object. Also can be use to interrupt, as to break into a conversation.

Word Thermometer.

	<p><i>1. Treasures</i></p> <p><i>Riches</i></p> <p><i>Valuables</i></p> <p><i>Jewels</i></p> <p><i>Gold</i></p> <p><i>Silver</i></p> <p><i>Money</i></p> <p><i>Cash</i></p> <p><i>Wealth</i></p> <p><i>Fortune</i></p> <p><i>Valuable work of Art</i></p>	<p><i>2. To Treasure</i></p> <p><i>To cherish</i></p> <p><i>To prize</i></p> <p><i>To value greatly</i></p> <p><i>To love</i></p> <p><i>To adore</i></p> <p><i>To worship</i></p> <p><i>To be devoted to</i></p>
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Matthew 6:19-21. Work on Conversational Body Language.

℣: 19“Do not store up for yourselves / treasures on earth, / where moths and vermin destroy, / and where thieves break in and steal. / 20 But store up for yourselves / treasures in heaven, / where moths and vermin do not destroy, / and where thieves do not break in / and steal. / 21 For where your treasure is, / there your heart will be also.

<i><u>Group 1</u></i>	<i><u>Group 2</u></i>
I need a job, and I need money. I have a family. They want to shop and buy stuff.	Sure! We all do. But we need to love God and our family more than we love money.
Saving, and working long hours is not really worshipping money, is it?	That depends. Do you balance your life with family and friends, or just work all the time?
Never thought about it. I work a lot, and come home by 9 or 9:30 at night.	Is this voluntary, or do you just get wrapped up in the job. Do you tell your kids goodnight?
Not during the week. My wife does all that. Is that a problem?	Ask your family. Ask yourself. Try for balance and leaving the job before the kids go to bed.
So time with my family is a treasure?	Oh yes. It is what God wants. It is a family responsibility.
Maybe I better start taking this command of Jesus more seriously.	Yes. It might take time to find a way to make time. Time is a gift of God. Families are a gift of God.

℣: 21 For where your treasure is, / there your heart will be also.

Command 15: Seek first the kingdom of God

(Matthew 6:31-34 NIV)

³¹So do not worry, / saying, / 'What shall we eat?' / or 'What shall we drink?' / or 'What shall we wear?' / ³²For the pagans run after all these things, / and your heavenly Father knows / that you need them. / ³³But / seek first his kingdom / and his righteousness, / and all these things will be given to you as well. / ³⁴Therefore do not worry about tomorrow, / for tomorrow will worry about itself. / Each day has enough trouble of its own.

(Matthew 6:33 KJV)

³³But seek ye first the kingdom of God, / and his righteousness; /and all these things / shall be added unto you.

What this Command says to us

- Actively seek the kingdom of God.
- Include your spiritual life in your everyday life.
- Pray and be in fellowship with God and receive what has not even been requested.
- Ask for heavenly things, and earthly thing will be given.
- God reigning in your heart comes first, and all other daily things will follow.
- Righteousness is not words, but living as a kind decent person.
- Relax and trust God.
- Give God the honor.

Word Thermometer.

	<p>1. Righteous</p> <p><i>Good Upright</i></p> <p><i>Honest Ethical</i></p> <p><i>Moral</i></p> <p><i>High-minded.</i></p> <p><i>Law-abiding</i></p> <p>Antonym:</p> <p><i>Sinful Dishonest</i></p> <p><i>Unethical</i></p>	<p>2. Righteous anger</p> <p><i>Justifiable Rightful</i></p> <p><i>Understandable</i></p> <p><i>Legitimate Excusable</i></p> <p><i>Reasonable</i></p> <p><i>Allowable</i></p> <p>Antonym</p> <p><i>Unjustifiable</i></p> <p><i>Inexcusable</i></p>
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Matthew 6: 31-34 Chant

<u>Group 1</u>	<u>Group 2</u>
Don't worry about tomorrow.	Tomorrow will bring enough trouble of its own.
First pray and depend on God.	Thank God for life and family.
Tell God about your day.	He knows you have problems.
<p>All: ³³ But / seek first his kingdom / and his righteousness, / and all these things will be given to you as well. / ³⁴ Therefore do not worry about tomorrow, / for tomorrow will worry about itself. / Each day has enough trouble of its own.</p>	

Communication

A **University of Pennsylvania study** reported that the majority of **communication** is transmitted non-verbally.

70% of **communication** is body language,

Facial expressions, clothing and outside appearance, body movements

23% is voice tone and inflection, and only

Sound angry? Happy? Concerned? Serious? Questioning?

7% is your spoken words!

The goal is to have your **non-verbal** message match your verbal message.

Goals

- Develop clarity and understandability
- Improve comprehension
- Clear and strong consonants and vowels
- Increase stamina in speaking
- Develop an English voice
- Speak using sound units
- Link the words within a sound unit
- Use focal words
- Use appropriate volume
- Speak with Power English
- Hear fast spoken conversational English correctly

The Lord's Prayer

Our father who art in heaven,
Hallowed be thy name.
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom, the power
And the glory.
For ever and ever.
Amen.



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